Sadaf Ahmed

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**Country** Pakistan

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# **Employment**

CEO, Advance Educational Institute and Research Centre: Karachi, Sindh (2010 to date)

Assistant Professor, Department of Physiology, University of Karachi (2012 to date)

Lecturer, Department of Physiology, University of Karachi (2003 to 2011)

Chemical Analyst, Abbott Laboratories (2000)

## **Education and Qualifications**

Ph.D. (Psychophysiology), University of Karachi

CRCP (Clinical Trial Unit) Dow University of Health Sciences: Karachi

M.Sc. (Neurophysiology) University of Karachi

B.Sc. (Medical Sciences) Khatoon-e-Pakistan

### **Invited Positions and Distinctions**

Visiting Faculty (Public Health), DadaBhoy Institute of Higher Education

Visiting Faculty (Nursing) Abu Zafar Institute of medical sciences: Karachi, Sindh

Visiting Faculty (College of Allied Health Sciences) Ziauddin University: Karachi

Visiting Faculty (Bio-Sciences) Barrett Hodgson University, Karachi

### **Membership and Service**

General Secretary, Pakistan Society of Basic & Applied Neurosciences

President, Advance Educational Institute & Research Centre,

Executive member, Canada Pakistan Research and Development Council, Canada

Executive member, The Science Direct

Vice-president Pakistan Society of Psychophysiology: Karachi, Sindh

Life time member of World Women of Neuroscience, IBRO-USA

Life time member World Association of Medical Editors

Life time member of Pakistan physiological society.

#### Academic & research experience:

- Designed Pakistan's First Stress evaluation tool Sadaf Stress Scale (SSS)
- More than 150 events organized including national & International conferences, seminars & workshops
- 2 full books authorship including Pakistan's first book on psychophysiology
- Patent file no: 189/2007, patent office, intellectual property organization, government of Pakistan. Under section 86 of the patents ordinance 2000.
- 30 published manuals/awareness original booklets on psychological, health and social issues
- More than 42 courses facilitated as fulltime & visiting faculty in Universities.
- Editor of two International Journal, 1 national journal and one research magazine
- 50 research thesis supervised
- More than 80 national & International research articles (reviews, short communications, original papers, editorials)
- More than 100 research and Keynote presentations.
- Involved in various advocacy and capacity building programs
- International & National Grants Awarded

